

PROGETTAZIONE CRITICAL THINKING

LESSON PLAN on

CRITICAL THINKING and PERSONAL DEVELOPMENT

1st Class

Level Elementary

Time 6 hours

Aims Get the students to know each other

Personal knowledge and investigation

Make students aware of differences and similarities

Make students reflect on their habits

Foster class cooperation and inclusion

Activity 1 (2 hours) INDIVIDUAL WORK

Personal investigation Factsheet

Answer these questions, without thinking too much. Write whatever comes to your mind, and remember there's no right or wrong answer.

-I am.....

-I do not want to.....any more

-I was/used to....., but not any more

-I like to share....., with other people

-I feel stressed/sad for.....

-I have 1/2 friends.....

-I often feel nervous/afraid when I face new or unexpected situations....

-I'm a lonely person and I tend to stay on my own

-I feel that my peers make fun of me

Write three characteristics of your personality that you think are important and define **WHY** they are important to you.

Note down a characteristic you wish to change and explain what you are willing to do about it.

Find a trait that characterized you in the past but now has changed and explain **WHY** it has changed.

Now interview 5 of your classmates, helping them with your questions so as to let them **explain** what they wrote. Exchange roles.

Activity 2 (2 hours) GROUP WORK/CLASS WORK

Self-awareness game

Form groups of 4/5 students and give each student of the group a few sentences to complete. Each member of the group completes the sentences individually and then shares their work with the group members. There's a discussion about differences and similarities in the group. The teacher will guide the students to reflect about how easy or difficult it is to talk about our ideas opinions and feelings and the reasons behind each answer.

The questions are:

I'm good at.....
I don't feel certain when.....
The nicest place for me is.....
What I appreciate most in a friend is.....
I find it difficult to.....
I hope that.....
I get angry when.....
The best thing that has ever happened to me is/was.....
What I would like to change in my life is.....
I work better when.....
I'm afraid of.....
I'm glad that.....
I have succeeded in.....
The best time of the day for me is.....
I feel awkward when.....
I most admire.....

When all groups have ended, there's a plenary discussion on the answers given, where a member of each group relates to the rest of the class.

Activity 3 (2 hours) GROUP WORK

Reflecting on the value of school education

Form groups of 4/5 students and give a few questions to each group. Each member writes down their answers and at the end there's a discussion about differences and similarities in the group.

The teacher will guide the students to reflect about how easy or difficult it is to talk about our ideas opinions and feelings and the reasons behind each answer.

How do you feel about school?
What are your favourite subjects? Why are they so?
Which subjects do you find useful/important to learn?
How do you feel about foreign languages? Do you think they are important? Why?
Are you afraid of Maths? Do you think you can apply Maths to real life?
What do you think is Science? What do you study in Science? Can it be applied to real life?

When all groups have ended, there's a plenary discussion on the answers given, where a member of each group relates to the rest of the class.